Challenge 3: A donkey for three

A family have hired a donkey to take with them on a walk. Each one of the 3 children in the family will get their turn to ride for 15 minutes on the donkey.

Lou gets on first and they start their walk. Next it is her sister Julia's turn and then her brother Adam. And then they start again.

At each change-over they stop for a 5 minute rest. Their walk takes 2 hours 30 minutes in total.

How much time will each child spend riding on the donkey?

